

# Fast2Sleep

## Product Reference Sheet



### The Fastest Acting, Natural Sleep Aid on the Market

Help your body to fall asleep faster and stay asleep with Waiora's **Fast2Sleep**. Naturally blended with *melatonin*, *piper methysticum*, and *huperzia serreta*, our sleep strips help support a more restful, deeper sleep while promoting your body's natural restoration processes. More than 60 million Americans have problems sleeping which can also mean lack of energy, difficulty concentrating, blurry vision, irritability and memory loss during the day.

Sleep isn't just important to helping you recharge your battery, it plays a key role in anti-aging by allowing your body to reset the timing of your cells. Skip the side-effects and potentially habit-forming risks of prescription sleep aids, and reach instead for fast-acting, non-habit forming Fast2Sleep.\*

#### Key Benefits

- Unique patent-pending delivery system.
- Helps you fall asleep quicker.\*
- Improves your natural ability to stay asleep.\*
- Promotes natural sleep patterns.\*
- Non-habit forming.
- Time-release formula.\*
- Resets the timing of your cells.\*
- Powerful antioxidants help slow the aging process.\*

#### Quality Sleep is Elusive

More than 60 million Americans have problems achieving it. Twenty-five percent take a sleep aid to accomplish it. And it costs the nation an estimated \$35 billion annually to treat it. Not only can this challenge make your nights long and restless, it can also mean lack of energy, difficulty concentrating, blurry vision, irritability and memory loss during the day. If the challenge persists without some type of intervention, it can lead to depression, poor health and accidents. And while prescription sleep aids are much better than they were decades ago many still have significant warnings regarding risk of dependency and side effects. It's never been more important to seek natural sleep aids.

#### Unique Delivery System

Unlike pills which often breakdown in your digestive system or take a significant amount of time to work, our Fast2Sleep strips are absorbed through your oral mucosa (supralingual). This unique delivery system not only makes the product more effective, it expedites your ability to fall asleep—usually within 15-30 minutes. Another distinctive feature of our digestible strips is that our melatonin has been micronized and uniquely charged to ensure absorbability, as well as bioavailability at a rate of more than 85 percent—a far better rate than the 30 percent bioavailability of pills or 35-50 percent bioavailability of sublingual (under the tongue) drops.



**24 Strips • Item no. 4200**

MEMBER: \$24.95 / Retail: \$29.95

**Directions for use: ADULTS:** Place 1 to 2 strip(s) on your tongue, push to the roof of your mouth and allow to dissolve. Do not swallow strip(s) or drink 15 minutes after taking. Take at the same time every night up to five days per week then discontinue for two days.

#### Supplement Facts

Serving Size: 1 Strip  
Servings Per Container: 24

	Amount Per Serving
Proprietary Blend (Melatonin, Piper Methysticum, and Huperzia Serrata)	13.2 mg

Other Ingredients: Carboxymethyl Cellulose, Hydroxypropyl Methylcellulose, Modified Starch, Peppermint Oil, Arabic Gum, Menthol, Glycerol Monostearate, Stevia, Polysorbate 80, and Glycerol.

#### Testimonial

"For years I have had difficulty falling asleep and staying asleep. I can't believe what a difference Waiora's Fast2Sleep Strips made in my quality of sleep after only one use. I'll never leave home without it!" —Kat T., FL†

† This testimonial reflects one person's experience with Waiora product(s).

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.